

# Part 4 - How-to Guide

This guide offers more detailed information and advice for those who may be interested in adopting or adapting the initiative in their local area. This document comprises the following sections (click hyperlink to skip to that section)

- <u>Initial Idea</u>
- Early Development of the Project
- Accessing the Service and Engaging with Service Users
- Working with People with Lived Experience of Poverty
- Leadership, Governance and Partnership Working
- Links to Wider Policies, Strategies and Statutory Requirements
- Funding
- Staffing and Resources
- Monitoring and Evaluation
- Reach and Impact
- <u>Learning from Experience</u>

Title	Young Parents' Support Base
Organisation	Smithycroft Secondary School

#### **Introduction to the Project**

The Young Parents' Support Base (YPSB) supports young parents in attaining the best possible start in life for themselves and their children by helping them balance their academic and parenting responsibilities. The project provides a range of services, including childcare facilities, parenting and personal development classes, as well as peer support services. The program also offers academic support to young parents, ensuring that they have the resources they need to succeed in education while also caring for their children. It is part of Glasgow City Council's strategic approach to supporting vulnerable young people to remain in education across the city, under its young people's sexual health strategy.

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### Young Parents' Support Base



#### **Initial Idea**

#### Who had the initial idea?

Heather Douglas, the Head of Early Years, and Marianne Flynn, the Head of the Social Work department, introduced the project's concept.

#### How did the idea for the project come about?

A gap was noticed in the support systems set up for young people who become pregnant in education. Many of these young parents would not continue with their education, ultimately perpetuating the cycle of poverty, as some may struggle to re-engage with education and face further structural difficulties in the future. The Support and Reintegration Office made it clear that a more robust system was needed to support young people who become parents at an early age in Glasgow.



# Were plans informed by any published reports / papers / research evidence or practice from elsewhere?

Marianne Flynn and Heather Douglas conducted in-depth research on pre-existing nurseries for young parents in Scotland, specifically the Wester Hailes Young Mum's Unit in Edinburgh and Little People Nursery in Dundee. Their research contributed to the Glasgow Protocol's "Meeting the Needs of Young Parents" document. This document outlines the stages and protocols for supporting young parents in Glasgow and serves as the blueprint template for the project. This document is available online and can be accessed by all schools to support young parents.

Glasgow City Council, (2011). 'Meeting the Needs of Young Parents, Guidance Notes'. Available at: 594 (gfis.org.uk)

In later years, the Young Parents' Support Base played a key role in creating the Pregnancy and Parenthood in Young People Strategy in partnership with the Scottish Government. This strategy is the first of its kind in Scotland, providing targeted support for young people who are pregnant or parenting. The project also contributed to the development of "Someone to talk to, someone to listen," guidelines that are available to all educational institutions aiming to support young parents.

Scottish Government, (2016). 'Pregnancy and Parenthood in Young People Strategy'. Available at: <a href="https://www.gov.scot/publications/pregnancy-parenthood-young-peoplestrategy/documents/">https://www.gov.scot/publications/pregnancy-parenthood-young-peoplestrategy/documents/</a>

Scottish Government, (2021). 'Someone to talk to and Someone to listen - Supporting young pregnant women and young parents in school'. Available at:

https://www.gov.scot/publications/someone-talk-someone-listen-supporting-youngpregnant-women-young-parents-school/documents/

Was anyone else involved in developing the initial idea of the project?

Health and Social Care Partnership



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# **Young Parents' Support Base**



Were those with lived experience of poverty involved in developing the initial idea of the project?			
Young parents contributed to the initial planning and development of the project through a Young Parents Support Forum which allowed these individuals and their families to express which services and support they required.			
Was funding required to support the development of the initial idea of the project?			
No	Yes xxx		
Please provide details of the funding that was used to support the development of the initial idea of the project.			
Which organisation provided funding?	Big Lottery Fund (matched from the European Social Fund).		

Were specific resources – other than funding - needed when developing the initial idea of the project?			
No		Yes	xxx



Please provide details of the resources that were required when developing the initial idea of the project.			
Staff/Volunteer Time			
Facilities / Workspace	Work Office.		
Equipment	Computers/internet usage.		
Local Knowledge	Knowledge of existing young parents' support initiatives and the scale of young parents in education who needed additional support.		
Food and Drink	N/A.		

#### What, if any, barriers had to be overcome when developing the initial idea of the project?

A significant barrier to the initial development of the project was a lack of referrals from schools in Glasgow, particularly from some non-denominational schools. Previous coordinators had faced historical issues with some of the denominational schools, where staff were reluctant to refer students to young parents' services. There seemed to be a certain level of protectionism, whereby some services were hesitant to share their young parents with the YPSB.

#### What, if anything, helped enable development of the initial idea of the project?

Building strong relationships was key for the initial development of the project. The YPSB aimed to strengthen its relationship with schools across Glasgow to encourage more referrals and develop a more comprehensive support system for young parents and their children. They emphasised that their focus is on supporting young families, not just increasing the number of referrals. By building trust with schools and other organisations, the YPSB were able to increase awareness of their services and help more young parents in need.



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## Young Parents' Support Base



How long did it take between having the initial idea and starting the project?

It took approximately two years between the feasibility research, the pilot project, and the acquisition of official funding and support from the Glasgow City Council.

Who made the decision to introduce the project?

**Glasgow City Council** 





## **Early Development – Pilot Project or Feasibility Study**

Was there a pilot project or feasibility study?		
No		
Yes, a pilot project	xxx	
Yes, a feasibility study	XXX	
What did the pilot study or feasibility study involve?		
The YPSB team first identified young mothers in education who had announced their pregnancy. They then assessed their situation and decided to either support them in their own school or move the young parents to Smithycroft. A nursery room was allocated within the school where young parents could drop off their children at 8:30 am and register for class by 8:50 am. This allowed the young parents to participate in education with their peers while ensuring that their children were safe and cared for. They also scheduled homework periods after school hours, allowing young parents to spend evenings with their children.		
Who was responsible for the design and/or delivery of the pilot or feasibility study?		
Original Base Co-ordinator Deborah Blackhurst, Marianne Flynn, and Heather Douglas.		
Were those with lived experience of poverty among those involved in the design or delivery of the pilot project or feasibility study		
No	xxx	
Yes		



Was funding required to support the pilot project or feasibility study?				
No			Yes	XXX
Please provide details of the funding feasibility study.	ng that w	as u	sed to support the pilot project or	
Which organisation provided funding?			NHS Greater Glasgow and Clyde (N GGC), the Big Lottery and the Euro Social Fund	
Were specific resources needed to support the pilot project or feasibility study?				
No			Yes	xxx
Please provide details of the resources that were required for the pilot project or feasibility study.				
Facilities / Workspace	A nursery room, an office, and a young parents' room.			
Equipment	Computers/internet access			
Local Knowledge	Young parents who have announced pregnancy while in education. Baseline research surrounding the support of young parents in Scotland, the barriers they face and how to alleviate them.			
Food and Drink	Food was provided to young parents and their children.			



Was the pilot project or feasibility study evaluated?		
No		
Yes	xxx	
The YPSB project was evaluated by the European Social Fund. The evaluation air assess the number of service users, the impact of the project on the education attainment and school attendance of young parents with children in Glasgow, as other targets.	al	
Was there evidence from the pilot project or feasibility study that confirmed that it was working / it would work?		
No		

In the first two years of the service, they supported around 60 young parents in their schools across the city and had 21 more study at Smithycroft. They also received positive anecdotal feedback from the young parents and their families.

Who made the decision to continue with the project beyond the pilot or feasibility study?

Glasgow City Council.

Yes

XXX



Was the design of the project modified following the pilot project or feasibility study?	
No	
Yes	xxx

The pilot project highlighted the need to continue supporting students who became pregnant at an early age. This was supported by positive feedback and evaluation from stakeholders, as well as increased acceptance and referrals from other schools. Feedback from service users also emphasised additional barriers faced by young parents, including transportation restrictions. In response to these barriers, the YPSB secured additional funding to provide a taxi service for young parents and their children, along with other improvements to the final project design.



# **Accessing the Service and Engaging with Service Users**

Is there a referral process?		
No		
Yes	xxx	
There is a pregnancy notification form that all schools in Glasgow should be aware form is sent to the YPSB head of centre and Lisa McCracken, who serves as the hear protection for education in Glasgow. Other agencies, on the other hand, do not need complete the notification form. Instead, they complete a standard YPSB referral for includes details such as the young person's age, stage of life, social and historical isshealth concerns.  In addition to agency referrals, the YPSB also receive self-referrals from young womyoung fathers, and families seeking support for young parents in Glasgow. They have it as easy as possible for people to self-refer by providing information on the YPSB wand a hotline for them to call and make a self-referral.	d of child ed to m which sues, and en, ee made	
Is referral the only way that potential clients are made aware of the project?		
Yes		
No	xxx	

and phone calls.



#### Other than referral, how do potential clients come to know about the project?

All schools in Glasgow are strongly encouraged to actively recommend support services for teenage pregnancies and young parents. The YPSB services are also readily available online for any young person or family to easily access and contact. Additionally, the YPSB hosts monthly networking events for young parents, families, and potential partners to visit the base and learn about their history, progress, future plans, and the support offered to young parents and their children. This also allows attendees to meet the YPSB staff and ask any relevant queries.

Do you take steps to keep in touch / reach out to service users?	
No	
Yes	xxx
The YPSB uses a combination of in-person and online contact methods to connect support base. It engages with young parents through face-to-face interactions, platforms such as young parents' forums, and social media apps like WhatsApp.	online





# **Working with People with Lived Experience of Poverty**

Are those with lived experience of poverty involved in <u>delivering</u> the project?		
N	О	
Ye	es	xxx
The YPSB offers work experience and volunteering opportunities for young parents to participate in delivering the project through group work and support activities. The participation of other young parents allows the YPSB to more accurately identify how to fully support the service users.		
Are people with lived experience of poverty involved in <u>managing</u> the project of governance?	or p	roject
N	0	xxx
Ye	es	
Are people with lived experience of poverty involved in any other aspect of the so, please describe below.	e pr	oject? <i>If</i>
No		
Yes	Yes xxx	
As part of the Pregnancy and Parenthood Strategy and the "Someone to Talk to, Someone to Listen" guidelines, the YPSB engaged several young parents to actively participate in research. This involved conducting consultations with other young parents to gain insights into their specific needs, as requested by the Scottish Government. The YPSB then compiled comprehensive reports based on these consultations and delivered them back to the Scottish Government for further consideration and action.		

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### Leadership, Governance and Partnership Working

Who is responsible for managing the project?	
Dave Smeaton, the YPSB Base Co-ordinator and Head of Centre.	
Is this the only responsibility of the person managing the project?	
Yes	
No	xxx

The YPSB Base Co-ordinator is active on various boards related to young people's sexual health in Glasgow. This includes being a member of the Greater Glasgow Health Board's subgroup for sexual health and well-being for young people. Additionally, he is involved in a steering group that supports families through pregnancy, which is a social work group focused on assisting vulnerable families in the city. The Base Co-ordinator also serves as the designated child protection coordinator for the base.

In addition to these responsibilities, the coordinator dedicates a significant amount of time to researching and securing funding for YPSB. Furthermore, the coordinator is accountable to the key inspectorate and regularly provides them with relevant data, research, and procedures to support the base.



Is there a Project Steering or Advisory Group?	
No	
Yes	xxx
The steering group is composed of heads and leads from many services in Glasgow, including an Early Years lead, an education lead, a social work lead, a health lead, as the Base Co-ordinator for the YPSB. The Base Co-ordinator provides regular feedbac updates to the steering group regarding the base's direction, accomplishments in the previous academic year, and future. Other information provided to the steering group includes the number of young parents using the services, as well as their levels of attendance, engagement, and qualifications.	s well as ck and ne

Are any other governance arrangements in place to review strategy and performance?	
No	xxx
Yes	





### **Links to Wider Policies, Strategies and Statutory Requirements**

In your opinion, is the project aligned with national and/or local anti-poverty stra and priorities (e.g., local authority or health board priorities)?	tegies
Don't know	
No	xxx
Yes	
Is the project part of any other strategy?	
Don't know	
No	
Yes	xxx
The project is part of the Pregnancy and Parenthood in Young People Strategy (201 strategy was introduced by the Scottish Government and is aimed at decreasing the deprivation associated with teenage pregnancy in Scotland.	•
Is the project delivering a service that is a statutory commitment?	
No	xxx
Yes	
The YPSB encourages their statutory services, such as the Health and Social Care Partnership and the Family Nurse Partnership, to provide them with regular feedba support provided to young parents.	ck on the





# **Funding**

Has external funding been secured to support the work?		
	No	
	Yes	XXX
Please provide details of the external funding that was used se	ecured to support this	work?
Which organisation provided funding?	Glasgow City Counci Health and Social Ca Partnership, the Nat Lottery Community I the Parental Employ Support Fund, and Education and Early Scotland.	re ional -und, ability
Is future funding from the same external source a possibility?		
	Don't know	
	No	
	Yes	XXX



Is future funding from the same external source based on pre-agreed outcomes or output being delivered from this work?	
No	
Yes	XXX

The YPSB Head of Centre is responsible for reporting back pre-agreed outcomes to the steering group on the support provided to young parents. This report includes an assessment of attendance numbers, levels of engagement, and qualifications attained by the young parents. Additionally, the YPSB focuses on softer targets such as supporting young parents' mental health, facilitating engagement with nursery learning, assisting in the transition to nursery for their children, and promoting involvement in local communities and activities. These targets are essential in measuring the overall success of the project and determining future funding agreements.





# **Staffing and Resources**

Are specific resources – other than staff/volunteer time and money - needed to support the delivery of the project?			pport
No		Yes	ххх
Please provide details of the resou	rces that	are required to deliver the project?	
Facilities / Workspace	A nursery, work office and a young parents' room.		
Equipment	Computers/internet access.		
Local Knowledge	Identifying local resources in Glasgow.		
Food and Drink	Free meals are provided to young parents and their children.		
Were new IT systems, additional so Apps) required to deliver this proje	-	or upgrades existing software (database	es,
		No	xxx
		Yes	



Was additional training – for staff or volunteers - required to deliver this project?	
No	
Yes	xxx

Additional staff training was essential to ensure that the YPSB child development officers were equipped with the necessary skills and knowledge to fully support the young children and their parents. These officers play a crucial role in the learning journey of young children in their nursery, including outdoor learning, growth, and development. However, they also serve as mentors and supports for young parents, as some may lack family background and support. These parents may have various challenges within their family and community, and their officers provide an enhanced role to assist them. Therefore, their officers need a diverse set of skills in their toolkit. These skills range from effective communication with young people to supporting their specific needs. They are also trained in promoting positive mental health and intervening in situations such as suicidal ideation or self-harm. Ensuring that the YPSB officers are well-trained in these areas is crucial to providing comprehensive support and care.





# **Monitoring and Evaluation**

Is there baseline data to describe what things were like before the start of the pro	ject?
No	
Yes	XXX
The YPSB collects baseline data for some of its group work, such as Mellow Parenting of the antenatal work, and Positive Parenting work. In these cases, service users are complete the Strengths and Difficulties Questionnaire. This helps the YPSB team under where the young person is in their life and how they are coping with various aspects including anxiety and stress. However, it is important to note that they do not collect amounts of data due to capacity and time constraints.	asked to derstand s,
Is the difference that the project is making measured or monitored by the host organisation?	
Yes	
No	xxx
Who within the host organisation is responsible for monitoring the impact of the	project?
The YPSB use a dual method of data collection.  The Head of the Centre and the YPSB staff both collect data on the service users and children. The data on young parents is collected by the Head of the Centre and the administrative assistant and stored within a secure YPSB system, which is part of the Smithycroft education operating system. The data is generally collected each time a young parent joins the service.  In addition to officially uploading the young parents' data to data operating systems YPSB staff also take note of the data of the young parents' children, which is not officially uploaded.	e new s, the



What information is collected by the host organisation about the project?				
Number of users	Yes	xxx	No	
Profile of users	Yes	xxx	No	
Experience of users	Yes	xxx	No	
Anything else	Yes	xxx	No	
Location of service users, contact details.				
Has the data that has been collected by the host organisation been used to adapt the way the project works?			the way	
			No	
			Yes	xxx

It is crucial to identify the areas in the city with the greatest need for their service and to adapt the project accordingly. This allows the YPSB to plan for future service delivery and allocate resources effectively. Additionally, age groups play a significant role. Currently, the YPSB are observing a decrease in their outreach to young parents who are still in school, while there is an increase in young parents who have completed their schooling. By analysing this data, they can determine the types of services their outreach team should prioritise. For example, they may focus on providing employment-based or financial support to these young individuals. Moreover, the data helps them identify nurseries with which they should establish stronger relationships. Considering the geographical locations of their young parents is also essential in this regard.



Has an external organisation been employed to formally evaluate the project?	
No	
Yes	xxx
Axiom Limited was employed to provide an external evaluation of the base	

Has the insight from the external organisation's evaluation been used to adapt the way the project works?		
No		
Yes	xxx	
The external evaluation allowed the YPSB to pinpoint potential areas of improveme accurately. For example, the evaluation provided by external evaluation highlighted required improvements regarding the extracurricular activities the service users are engaged in, their health and well-being, and their overall experience. This valuable helped the YPSB make informed decisions and implement necessary changes to entitle support services offered to young parents.	e feedback	
Is there an intention to employ an external organisation to evaluate the impact of project in the future?	the	
Don't know / no current plans		
No		
Yes	xxx	



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### **Young Parents' Support Base**



#### **Impact**

To what extent have the aims of the project been achieved?	
Fully met	xxx
Making progress toward meeting Aims	
Not making progress	

The YPSB has achieved its aims of supporting young parents to attain the best possible start in life for themselves and their children to a considerable extent. The base has provided a range of opportunities addressing various health and social needs, ensuring comprehensive support for all young parents. Additionally, the program has effectively supported young women in continuing or returning to education throughout their pregnancy and after the birth of their baby. Through these initiatives, the YPSB has played a crucial role in empowering and assisting service users in their journey as young parents in education and provides them with the skills and resources to attain a promising, safe, and stable future for themselves and their children.



#### What difference has the project made?

The biggest difference the project has made is supporting the needs of both the young parents as well as their children through free nursery provisions. The YPSB is committed to prioritising their nursery provision and strongly encourage young parents to take advantage of this offer for a free nursery placement. Young parents have the option to choose the YPSB nursery at Smithycroft School or, if preferred, they can access a Family Learning Centre at their own school. This flexibility allowed the young parents to access nursery services on a full-time or part-time basis, which is essential as it provides childcare support while young parents pursue education. Research shows that the earlier children access nursery, the sooner they achieve important milestones, adapt to the world, build relationships, and have experiences with other children and adults. At the YPSB, they advocate for young people who become parents at an early age and prioritise supporting the needs of their children who may not have a voice of their own. Their goal is aligned with the United Nations Convention on the Rights of the Child (UNCRC) and Glasgow's commitment to supporting children's rights and respecting schools. The YPSB are not only supporting young parents who may struggle to express their thoughts and wishes but also to vocalise and support the needs of their children. In conclusion, ensuring prioritised access to nursery provisions is of utmost importance for the well-being and development of these children and the educational attainment and wellbeing of the young parents.

The YPSB also provides a range of services to young parents, impacting their lives positively. The YPSB provide essential financial support services to ensure the young parents' awareness of and access to necessary financial resources. Additionally, they prioritise their health needs by offering comprehensive health support and services. Moreover, the YPSB understand the importance of stable housing for young parents who have transitioned out of school and offer housing supports and benefits to assist them in securing suitable accommodation. Benchmarking these services against established standards ensures that they are consistently delivering high-quality support to young parents. By addressing their financial, health, and housing needs, they strive to create a nurturing and empowering environment for them to thrive in their roles as parents while pursuing their educational goals.



Have conditions or demand changed since the project was introduced?	
No	
Yes	xxx

The demand for the YPSB services has remained consistent. However, the YPSB's nursery at Smithycroft Secondary School has a capacity for only nine children. Therefore, the Head of Centre encourages more schools to adopt their services within their own educational establishments. This would eliminate the need for young parents to change school services or travel long distances before lessons and provide efficient local support for young parents and their children.





Has the project had any unexpected or unintended outcomes?	
No	
Yes	xxx

An unexpected outcome for the YPSB is the realisation how other educational educational establishments view teenage pregnancy and its effects on young parents' school attendance and future educational paths. The services provided by the YPSB have played a role in shifting some of these perceptions. Following the opportunity to create a role for a YPSB teacher and a creative family links worker, the YPSB noticed that when young women become pregnant, their school attendance usually decreases. After notification of pregnancy, many schools' express concerns about the young women's ability to cope with their education and suggest that they may be better suited for a different educational path, such as moving on to college. This is challenging because the YPSB's goal to best support young parents is to keep young people in mainstream education for as long as possible, as it provides the greatest safety net. As an unintended outcome, they now have the ability to invite young mothers-to-be to join the YPSB while remaining registered at their own school. They can spend six weeks learning with them, catching up on missed learning before the pregnancy. This allows them to get up to speed, build confidence, and think about their own educational journey and future aspirations. It also provides them with key evidence to demonstrate to their schools the importance of giving these young women another opportunity to continue their education.

Additionally, YPSB realised that it sometimes benefits them when young parents are not ready to transfer to Smithycroft Secondary and feel more comfortable coming only to the YPSB. They can experience a nurturing environment, meet other young parents, and learn about their journeys. This may make them start to consider that this is a place where they can continue their educational journey. This is another unexpected consequence of the work that they do.



In your opinion, is the project having an impact on tackling poverty?	
No	
Yes	XXX

Providing support to young parents, maximising their education, and offering a seamless pathway towards further education or employment can significantly influence their life outcomes. It is important to remind young people, who may feel overwhelmed by the news of pregnancy, that they are still responsible and that the choices they make in the coming years will have a profound impact on their child. It is also crucial to consider how to support the children of young parents who come to the base. Supporting and nurturing the growth of the next generation of Glaswegians is of utmost importance. Ensuring that these children are placed in the best-supported childcare setting possible is essential and plays a significant role in addressing child poverty.





#### **Learning from Experience**

#### What is working well?

The free nursery services within the YPSB are working best to eliminate young parents' barriers to education as well as the well-being and effective socialisation of their children. YPSB prioritise free nursery provision and strongly encourage young parents to take advantage of this opportunity. The base also allows young parents to access nursery services on a full-time or part-time basis, providing essential childcare support while they pursue education and ensuring a safe and nurturing environment for their children.

The lessons and services provided by the YPSB staff are instrumental in promoting the well-being, access to opportunities, and overall effective development of young parents and their children who attend the base. Key health and social messages to the staff are vital for the success of the project. This includes not only how they interact with the children and young parents but also the health and social messages they convey regarding the choices young parents make during the antenatal period and after the baby arrives. The lessons passed on by the YPSB have a profound impact on how young parents access health, housing, and financial support.

One of the most effective strategies when working with the Scottish Government was the involvement of young parents in research activities who were eager to volunteer their time. The young parents' involvement served as a strong indication to the government that there were young individuals and parents who were actively seeking to instigate change. Rather than being just another professional gathering information, these young parents, who had first-hand experience, were able to truly represent the concerns of other young people, which had a profound impact. By sharing their own stories and understanding the challenges faced by their peers, these young parents created a supportive and inclusive environment where meaningful conversations could take place. This not only gave a voice to the concerns of young people but also fostered a sense of community and empowerment, inspiring others to actively participate in instigating positive change.

The YPSB's taxi service is effectively addressing the transportation challenges that young parents in Glasgow face when it comes to accessing education. A key aspect of the service is the small transport budget provided by Glasgow City Council. The service is based in the Northeast of Glasgow, but young mothers and fathers travel from across the city, including the South Side, Northeast, and Northwest. Public transport, especially the bus services used by the young parents, forced them to arrive at the base extremely early to avoid missing the 8:50 am morning registration. This presented a significant challenge for young



parents and one of the key barriers to young parents attending education. To address this issue, the service provides transport that allows young parents to be picked up by taxi. This not only ensures that they arrive at YPSB on time, but also provides a safe and secure trave environment for them and their children, allowing young parents to fully engage in education.		



#### What, if anything, is working less well?

In general, the Young Parents Support Board (YPSB) has been highly effective in supporting young parents, however, it may be acknowledged that certain limitations exist within the program. The YPSB at Smithycroft faces constraints in terms of capacity, which restricts the number of cases they can support within Smithycroft Secondary School. Additionally, there is a concerning issue of stigmatisation surrounding teenage pregnancy, particularly in denominational schools. This stigma negatively impacts the number of referrals the YPSB receives for young parents or pregnant students who require additional support and childcare.

#### What are the key learning points that you'd like to share with other practitioners?

Mapping services within the local area: it is crucial to identify and understand the services available for young parents and their families.

Highlighting the availability of these services: it is important to ensure that young parents are aware of the support available to them.

Consulting with young people and their families: it is necessary to involve them in the decision-making process and consider their perspectives.

Listening to experienced services within the communities: it helps to learn from other organisations that have already been working with young parents.

Taking the "temperature of the room": it is important to be aware of the young parents' current situation and needs and adjusting the project accordingly.





Are there plans to develop or expand the project in the future?	
No	
Yes	xxx

Moving forward, a key area for the YPSB is to focus on making their services more sustainable. On the one hand, they want to make mentoring and support from young parents engaging with groups more sustainable. To achieve this, they are considering strategies to encourage more experienced and older young parents to participate in mentoring and support activities.

Moreover, the goal is to secure continued funding to enhance the YPSB outreach staff's employment status, transitioning them from part-time to full-time positions. Growing the project is important to securing funding and matches a desire to expand further. This includes potentially increasing the YPSB teacher's position from 0.3 to 0.5 or even full-time, allowing them to extend this valuable service to other schools in Glasgow. Such an expansion would be a significant achievement for the project, extending its reach beyond the current setting.

#### How easily do you think this project could be replicated in another setting?

The YPSB head of Centre believes replicating the project in a different setting would be straightforward. He suggests that practitioners and local governments should assess the service cost and consider the consequences, also in financial terms, of not providing it for young parents and their children.

